



# REAL TALK

## Breaking Down Brain Failure

Topic Overview • Roundtable Group Discussion • Ask an Expert Q&A

This **FREE** educational program is for our families and other caregiving partners.

It's as interactive as you want it to be: Dial in and just listen,  
or bring your questions and actively participate.

**January 20: Anticipating Needs**

**February 17: Sensory Changes**

**March 17: Enhancing Visits & Interactions**

When you can anticipate the needs of someone living with dementia, you can avoid agitation and make your time with them more enjoyable. Learn how to recognize signals so you can create a calm, peaceful environment.

**MONTHLY 1 HOUR ZOOM CALL**

**6:30 p.m. – 7:30 p.m**

Zoom Info -- <https://zoom.us/>

Meeting ID: 996 7461 5283

Passcode: 674912



Presented By:  
**Kate Race,**  
**Regional Director**

PAC Certified Dementia Trainer

